

# Moko Hauora

3rd - 5th August 2023



nkmp

# HE MIHI NUI

Tihei Mauri Ora  
Tuia ki te rangi  
Tuia ki te whenua  
Tuia ki te whai ao ki te ao mārama

E mihi ana ki a rātou kua whēturangitia  
Moe mai ra i roto ngā hakaro aroha e ringihia ana  
Moe mai ra i te moenga roa o te ao wairua  
Koutou ki a koutou  
Tātou ki a tātou, tena koutou, tena koutou, tena koutou katoa

E mihi ana ki ngā Mātanga e tū kaha i runga i o koutou Poutūmāro  
Na koutou e pupuri enei taonga rangatira i hekea mai a o tātou mātua  
tupuna  
Ki ngā kaikawe i tohutia enei taonga tongarerewa a o tātou Mātua tipuna  
He nui ngā mihi kia tutuki pai ki ngā wawata, ki ngā hakaro e arahi i a tātou  
Tena Koutou, Tena koutou, Tena koutou katoa







# OUR PEOPLE OUR PLACES OUR PRACTICES

The whakapapa of tā moko stems from the pūrākau of Mataora and Niwareka. Niwareka leaves *Rarohenga* to be with her lover in *te ao mārama*. After he mistreats her, she flees home to her family. Mataora; realising his mistake follows her to the underworld. It is there that he must prove his worthiness to her father Uetonga who applies tā moko to Mataora's face. Mataora returns to the world of the living with Niwareka and the mātauranga of tā moko.

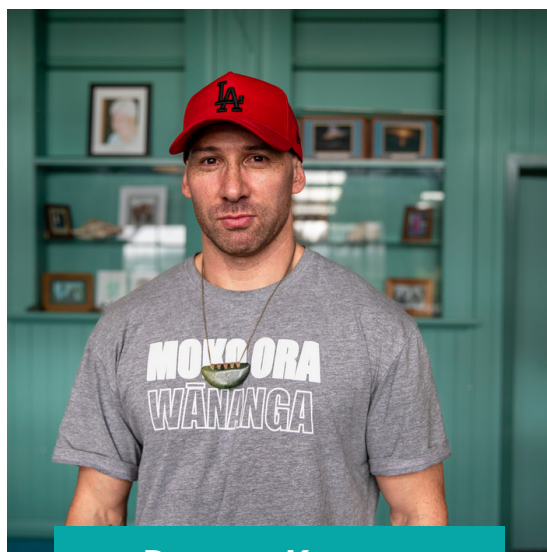
To wear moko is to be proud to be Māori. Tā moko connects whānau to whakapapa and tells the story of the individual. Kōrari the Māori Public Health team at Ngā Kete Mātauranga Pounamu hosted four Kaitā (tā moko artists) at Takutai o te Titī Marae in Colac Bay for a three day wānanga to share their mātauranga māori. This kaupapa strengthens cultural connection, identity and supports the well-being for our Ōraka Aparima whānau and the wider hāpori. These are some of the whānau stories and photos from the wānanga.

# NGĀ KAITĀ TĀ MOKO ARTISTS



**Jay Davis**

Te Āti Haunui-a-Pāpārangi



**Renata Karena**

Ngāi Tahu, Ngāti Kahungunu,  
Te Apouri



**Tama Raihania**

Ngāti Porou,  
Te Whānau a Apanui



**Tāmanuhiri Russell**

Ngāi Tahu,  
Ngāti Kahungunu



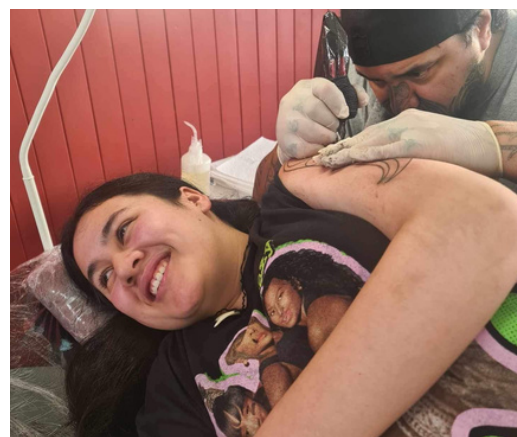
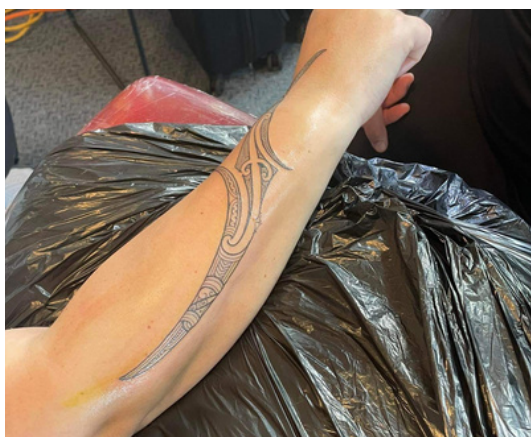
# TĀ MOKO IN TE WHARE MOANA

## NGĀ WĀHINE DALLAS

In the bay (or in the country for sister Anna who flew over from Western Australia!) for their pāpā/koro Wayne Dallas' 70th birthday; six wāhine from the Dallas whānau saw the Moko Hauora wānanga as a prime opportunity to receive tā moko together on their marae. Three sisters Tania, Crystal and Anna came to receive tā moko and support the next generation of wāhine: Bella, Eden and Ruby. Bella said that wearing moko gives her strength and confidence and makes her feel proud to be māori. Other members of the Dallas whānau also received moko (see photo album).













## Rewi Bull









# KOTAHI TĀ MOKO

## RECEIVING YOUR FIRST MOKO

Moko Hauora 2023 saw 11 whānau members receive their first tā moko. For many, receiving moko on their marae helped connect them to their whenua and whakapapa, and having whānau supporting them made the experience more special. These are some of their moko experiences.

## Tahla Ward

Riverton rangatahi Tahla had been wanting to receive tā moko for two years. When she saw the pānui she wrote a three page document to her mum (Corrine) and even then, it took her two weeks to convince her! Koro Lynn West thought it was "Shit hot" and asked to be first up next year.

***"Such a beautiful experience. I love having mine and my family's story in art form on my body."***





# Amiria Davis

***"I can wear tā moko proud for my tīpuna that couldn't."***

Ōraka Aparima Rūnaka rangatahi Amiria Davis received her first tā moko during the wānanga. Kaitā Jay Davis listened intently to her kōrero and then, with an expert hand applied Amiria's moko to her right forearm. She was loved on and watched closely by her mātua Gary and Rose Davis, grandfather Allan and siblings Aaron and Hana.





# NICOLE BAXTER-WARREN

## ***"When is the right time?"***

For Ōtautahi based māmā, kaiako and Ōraka Aparima Rūnaka member Nicole, when the pānui came up on the OAR Facebook page it took her two days to decide. She drove from Ōtautahi with her mum Lynley and three daughters Sienna (12), Avalyn (9) and Miller (almost 4). She picked up Aunty Kay in Ōtepoti and continued south to Murihiku with her heart set on receiving tā moko. Her mum and aunty grew up in Western Southland so for Nicole the journey home was also about reconnection to te ao māori for their whānau. Having her three kōtiro with her made it more incredible. Her tā moko represents her life; the ups and downs and, to remember loved ones lost to cancer.

***"It is strange but it feels like it has never not been there.  
It's the thoughts and feelings I have had in my mind constantly  
now visible. It is so empowering."***









# Nanetta McKeiver

Ōraka Aparima member Nanetta (nee Kuipers) and her awesome hubby Eddie made the trip from Queensland (Australia) so she could receive her first tā moko. Nan booked in with Renata Karena alongside her Davis cousins Karina and Rewi, which added to the wairua of the experience. This beautiful passage written by Eddie represents who Nan is:

*I am Ngai Tahu*

*I whakapapa back to this marae*

*I have traced my whānau back 200 years to the arrival of pakeha sealers that married into local iwi:*

*-Newton*

*-Hunter*

*-Wilson*

*-Kuipers*

*-McKeiver*

*I have found my way home to understand my connection with this place and my people.*

*My Great Grandmother, Pearl watches down from that wall....*

*My Grandmother and Grandfather were born in Riverton (Aparima)*

*My Mother was born in Riverton also.*

*My whānau fled to Hastings 65 years ago when my Uncle David drowned in the Riverton Inlet (At 15 years old).*

*Since then we have drifted through life, walking the earth and never really feeling connected to a place.*

*I was born in Hastings, but where you're born, is not always where you are from!*

*Like my mother and grandmother before her, I gave birth to three children. Also like my mother and grandmother before her, I lost one of my children. We shared this pain together....*

*Now, my parents and grandparents have passed.*

*My 2 daughters and husband Ed, mean everything to me.*

*My husband knows me better than anyone.....*

*he will tell you that I am a born leader, fiercely independent, fearless and uncompromising. I believe this spirit descends from my tipuna (ancestors) and whenua (land).*

*It is good to be home.*







# REWI DAVIS

Te Rūnanga o Ngāi Tahu representative for Ōraka Aparima Rūnaka and tītī harvester Rewi started his tā moko with a vision of tītī (mutton bird) in flight on his right forearm. Just like his whānau before him (sister Karina, son Jana, cousin Nanetta and nieces Rubyjane and Bobbylee), Rewi booked in with Kaitā Renata Karena to receive a moko that represents his life long commitment to mahika kai tītī and his tīpuna/ancestors.







Karina Davis-Marsden







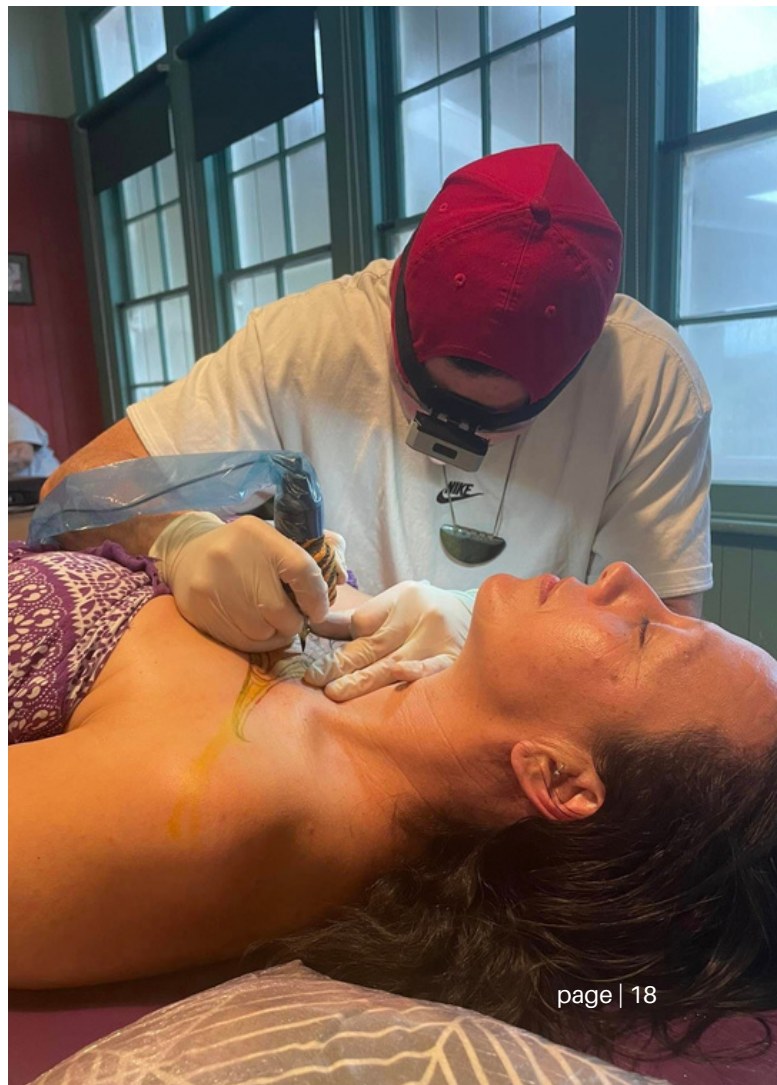
Bobbylee Marsden







Emma Furlonge





# JANELLE LADBROOK

The healing power of moko. The Ladbroke whānau (Janelle, husband Nigel and son Mason) were all blown away by the beautiful moko Tāmanuhiri Russell thoughtfully etched into Janelle's skin.

Janelle's moko is an incorporation of her life's journey to date, her grief and all the things that matter to her (like whānau and music) captured in one fluid māori design for her to look at every day.

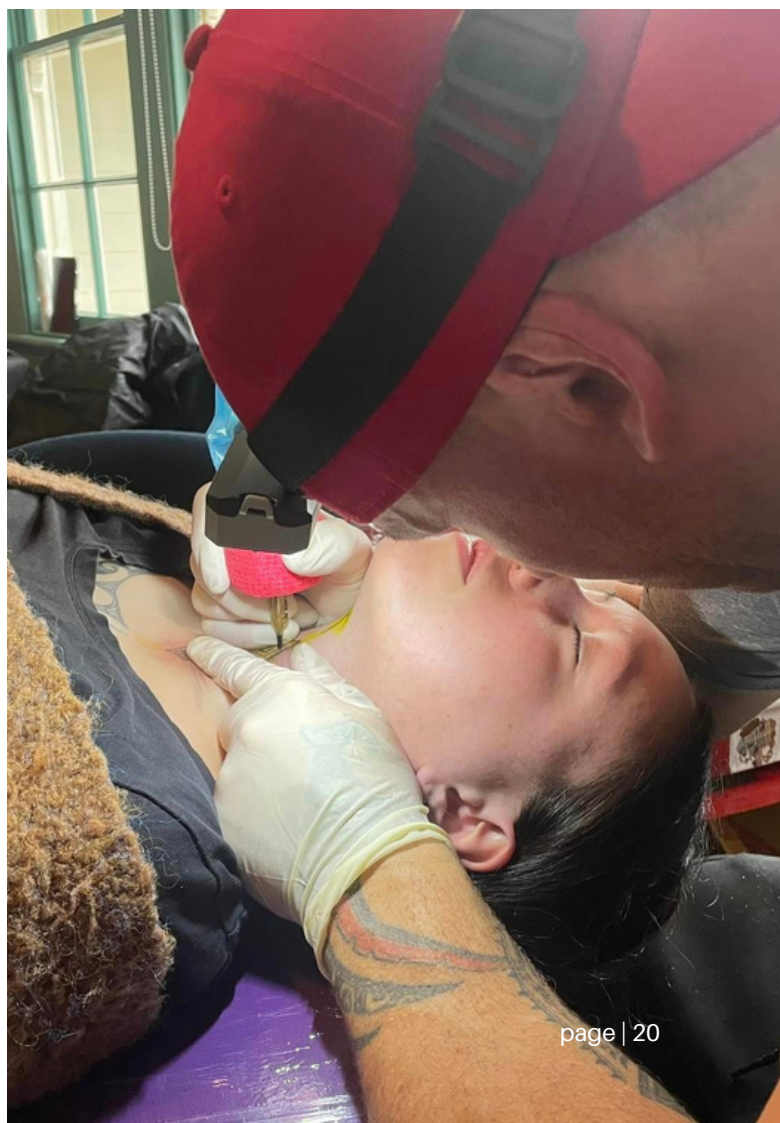
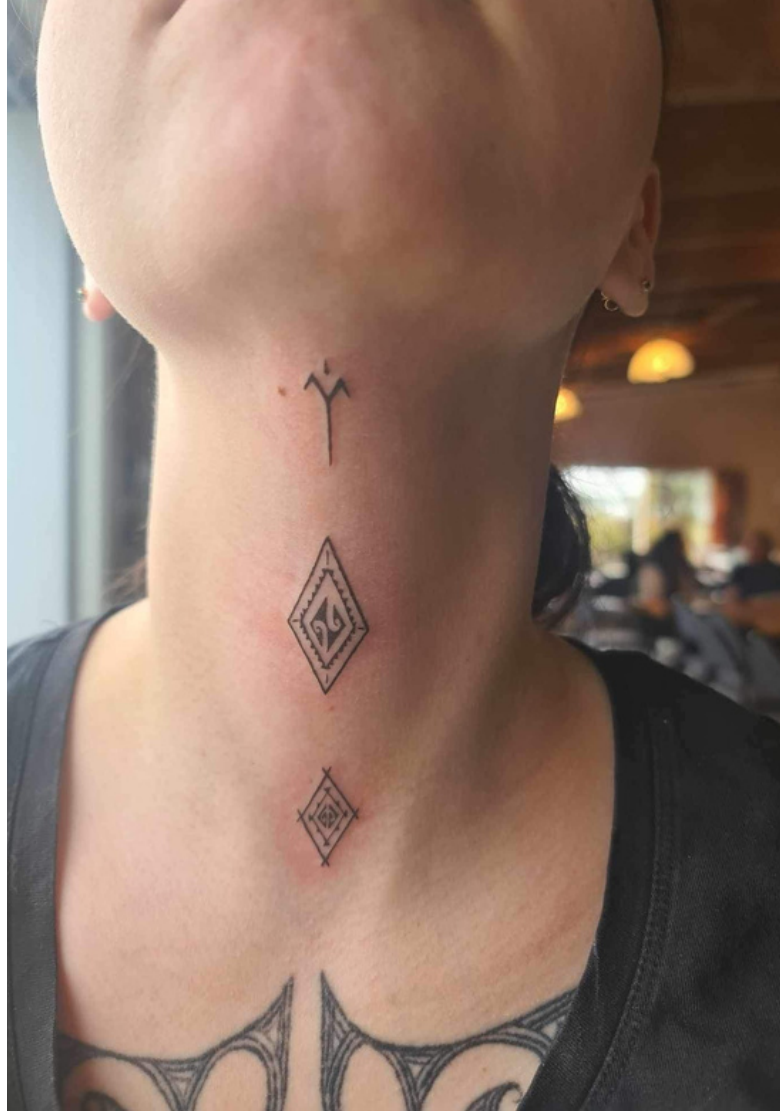
***"The acknowledgment of our son who passed away last year and my tūpuna in the form of a manaia is extremely special and has helped immensely with my grieving journey as it is a constant and visual reminder that our boy is with us and watching over us."***







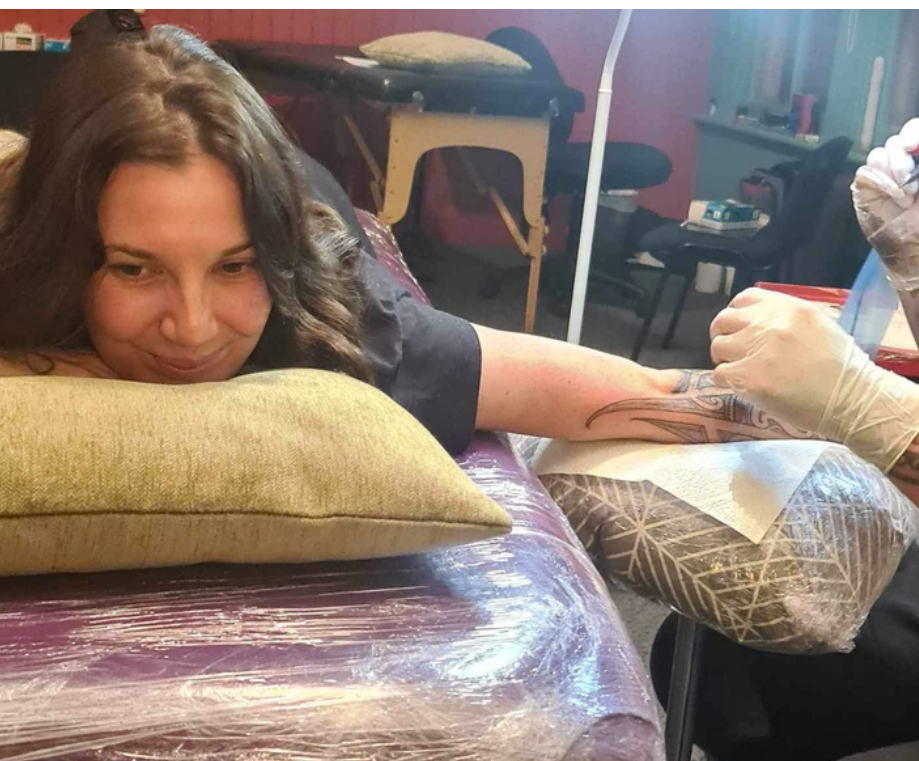
Kauia Asher





# LUCY KAISER

Lucy, her husband Scott and their young son Max flew into a very chilly Murihiku to make it to the opening pōwhiri for Moko Hauora 2023. Researcher Lucy, who has been on a cultural journey spent a majority of the Thursday with Kaitā Renata Karena who artfully wrapped her whakapapa around her forearm in moko. Being able to bring her son and husband in to her marae and receive tā moko made the experience even more meaningful.



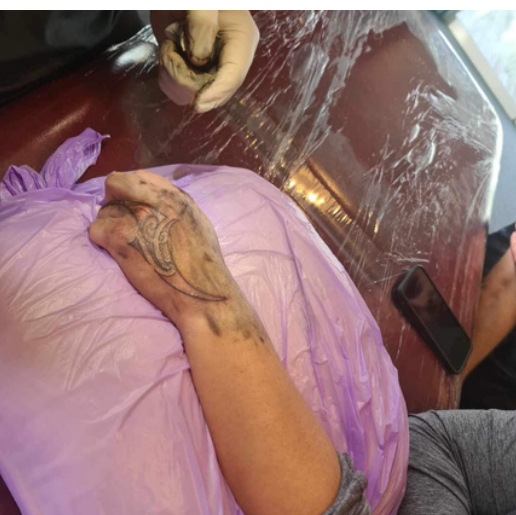




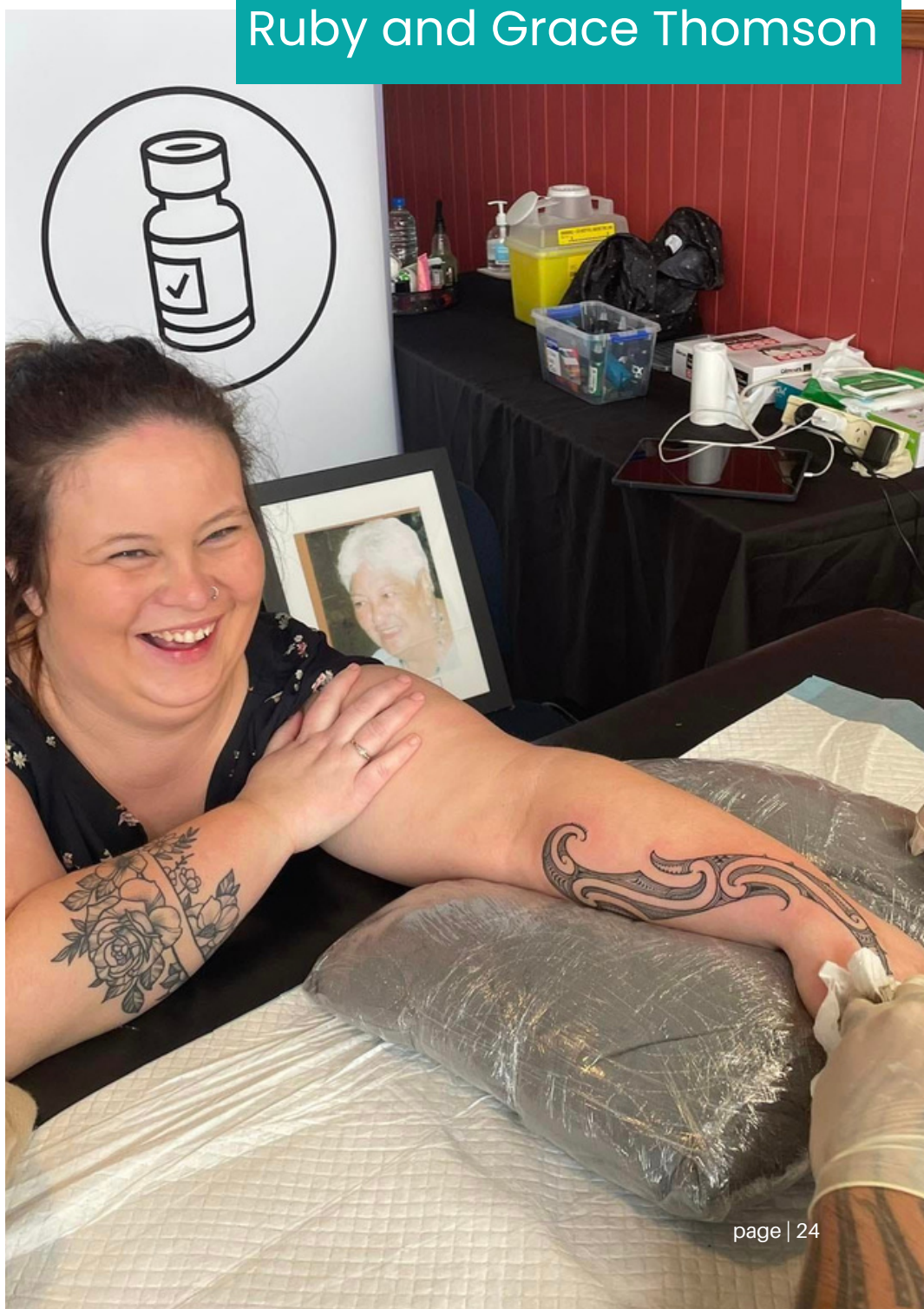


# SHONI & SHAYE GENTLE

Tā moko wedding rings had been on the cards for Shoni (Ngāi Tahu, Tainui, Ngā Puhi) and her husband Shaye (Pākehā) for a while. Their moko will be a reminder of their 'why'; it represents their bond as a couple as well as their son and, their whanau before them and those following after. For Shaye wearing moko helps strengthen his connection to his māori wife and tamaiti.







Ruby and Grace Thomson



Marcia Te Au-Thompson





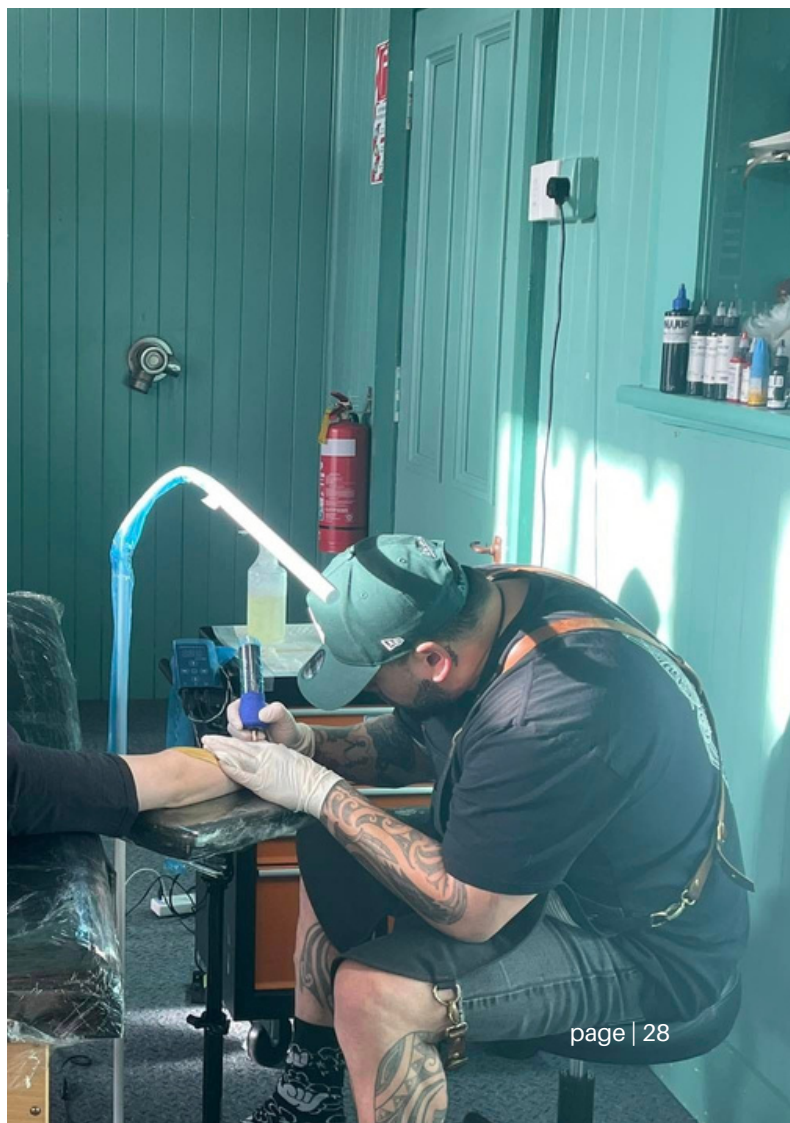
The illustration is a vibrant, stylized representation of a Māori family. At the top, a mountain range is depicted in dark blue and black, set against a background of concentric, semi-circular bands in shades of orange and red, reminiscent of a sunset or a traditional Māori koru pattern. In the center, a family is shown in a close embrace. A man with a beard and long hair, a woman with long, flowing hair, and a baby are all rendered in a blue-toned, stylized manner. The man and woman are looking down at the baby, who is nestled between them. The entire scene is framed by intricate, swirling patterns in shades of blue and teal, which are characteristic of Māori art. The overall composition is balanced and visually striking, with a strong cultural theme.

# MOKO HAUORA PHOTO ALBUM

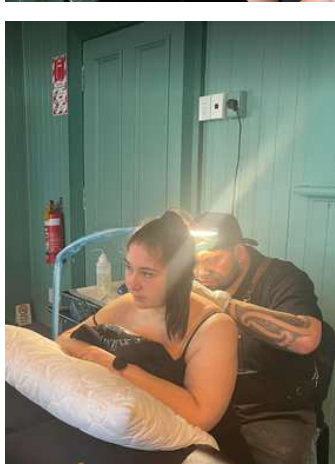






























# NGĀ MIHI NUI

This kaupapa was proudly brought to you by Kōrari the Māori Public Health team at Ngā Kete Mātauranga Pounamu Charitable Trust for the Ōraka Aparima Rūnaka whānau. We would like to acknowledge our kaimahi and thank all the whānau who contributed to this wairua filled event:

## **Ngā kaimahi katoa:**

Tracey Wright-Tawha (CEO NKMP and Head Chef), Whaea Marcia Te Au-Thompson (Kaikaranga and whānau tautoko), Tāne Davis (Kaikōrero), Amanda Dodd (Nēhi/Mauri ora nurse), Rebekah Taplin (Kairomiromi) and to our beautiful whānau who get roped in to help.

## **Ngā kaiwhiwhi (whānau who received tā moko) and their whānau:**

Arianna Andrews, Amiria Davis, Bevan Thompson, Bobblylee Marsden, Dallas whānau, Grace Thomson, Janelle Ladbrook, Kauia Asher, Lucy Kaiser, Nanetta McKeiver, Nicole Baxter-Warren, Olivia Quinn, Pania Pennicott-Sciascia, Ruby Thomson, Renee Bull, Rewi Bull, Rewi Davis, Shaolynn Maguire, Shaye and Shoni Gentle and Tahla Ward.

## **Nā Team Kōrari**

Karina Davis-Marsden, Nadine Young, Emma Furlonge and Sean Morgan.







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